

A	A PRACTICAL HORSE KNOWLEDGE		
No.	Requirements	Evidences	
1	Show how to measure a horse.	Use measuring stick.	
2	Apply a Stable Bandage to a front and a back leg.	The bandage should go from just below the knee and either wrap to support under the fetlock or a stove pipe wrap maybe used. If bandaging below the fetlock there should be an inverted V centered on the bottom of the front of the fetlock. Masking tape should be used over the Velcro and the tension of the tape should not be greater than the tension of the bandage. Riders must be able to discuss the fit of the materials and the materials should be clean and in good repair. The bandage must end at the top of the leg and the Velcro should be on the outside of the leg.	
3	Demonstrate how to take temperature and pulse (heart rate and know the normal value).		
4	Demonstrate restraining a horse with the use of lead shank (with chain).		
5	 General Impression Presentation of candidate, overall confidence and awareness of safety. 		

B	RIDING PHASE	
No.	Requirements	Evidences
1	Mount and Dismount	
	• Mount correctly	
	(from ground or	
	mounting block)	
	Adjust stirrups and	
	girth correctly.	
	• Dismount correctly	
	and cool out.	
2	Demonstrate jogging a	Evaluator may assist the horse to trot.
	horse in hand as per a	
	veterinarian`s	
	assessment (i.e.	
	lameness).	
3	Position	All trots will be rising unless specified otherwise.
	• Walk, trot and canter	Focus on maintaining position; Focus on a balanced seat and riding
	in full seat.	with the movement of the horse, not grabbing/pinching with knee,
		tipping body or dropping toe.



EQUESTRIAN LEARN TO RIDE - ENGLISH **LEVEL 4 RUBRIC**

	• Drop and regain stirrups at the trot during warm-up, position at trot rising and sitting (no stirrups) done in a group ride/warm-up.	At this level riders should demonstrate the ability to sit quietly and use aids independently.
4	 Figures Circles: 15M in trot. Circles: 20M in canter. 	15m circle at trot; the focus is centered around roughly knowing the size – and demonstrating knowledge of bend 20m circle at canter; maintain the canter and reach the tangents.
5	 Effectiveness Correct use and effectiveness of independent aids at all paces. Transitions. 	Focus should be independent use of aids. Reflective of the relaxed, balanced seat of the rider.
6	 Flat Test Accuracy and control. Commitment to arena letters. 	
7	 General Impression Overall authority, safety and confidence, rider conduct. Applicant turnout and horse presentation. 	

C	JUMPING PHASE		
No.	Requirements	Evidences	
1	Position	Rider should demonstrate a short, medium and a long mane release. If	
	Gymnastics.	the rider is doing a more advanced release, then this is acceptable if it is	
	• Course.	done correctly.	
	• Release:		
	demonstrate short,		
	medium and long		
	mane release.		
2	Effectiveness (control	Control on approach and landing.	
	and straightness)	Focus on ability to ride straight and maintain steady rhythm to a single	
	Gymnastics.	fence at canter.	



	Jump Elements.Canter a single Fence.	
3	 Requirement Gymnastic – trot into line, counting correctly to second element. 	Gymnastic: cross rail, 15-18' (4.60 m-5.50 m) to a 2' (61cm) vertical. Trot approach to cross rail, then one canter stride to vertical. Maintain jumping position to the cross rail and upon landing. Gymnastic should be set up progressively i.e. starting with the poles. Trot into the cross rail, canter to the second fence, count strides correctly.
4	 General Impression Overall confidence, safety, control; rider conduct. 	