

LEARN TO RIDE - ENGLISH LEVEL 5 RUBRIC

A	A PRACTICAL HORSE KNOWLEDGE	
No.	Requirements	Evidences
1	Apply front and back shipping bandage.	Riders will need to put on two shipping bandages — one on a front leg and one on a hind leg. They should apply the bandages with even tension, covering from just below the knee down the leg and covering the bulbs of the heels. Knowledge of the proper length of cotton and bandage as well as the bulk of the cotton is needed. The tension should be neither too tight nor too loose. All bandaging materials should be clean and in good repair. The Velcro should end on the outside of the leg near the top of the bandage. If tape is used the tension must not be greater than the tension of the bandage.
2	 General Impression Presentation of candidate, overall confidence and 	
	awareness of safety.	

В	B RIDING PHASE	
No.	Requirements	Evidences
1	Position	Riders will be tested one at a time dropping and regaining stirrups at
	Walk, trot and canter	canter.
	in full seat.	
	 Drop and regain 	
	stirrups at canter	
	during warm up as	
	directed by	
	evaluator.	
2	Warm up	
	• Efficient use of time	
	allotment.	
	 Arena safety. 	
	 Effectiveness of 	
	warm up.	
3	Figures (accuracy and	Riders should now begin to demonstrate bend and evenness of gait on
	shape) and Movements	circles.
	(evenness, smoothness	Serpentine should show correct shape, ½ circles connected by 2 or 3
	of pace and evidence of	steps of straightness. Attempting a change of bend is good; however,
	bend	the horse may lose some rhythm, balance or forwardness through the
	• Circles: 15M in trot.	change of bend.
	• Circles: 15M in	The lead change through trot is ridden on a diagonal with emphasis on
	canter.	following the path of the straight line. The transition may be slightly
	• 3-loop serpentine at	inaccurate or unbalanced at this level.
	trot.	Half turn on forehand is the beginning exercise to teach the horse to
	Lead change through	move away from the rider's leg, while also maintaining the intent or

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	trot on straight line. • Half turn on forehand.	desire to move forward. It also teaches the rider better co-ordination of their aids.
4	 Effectiveness Correct use and effectiveness of independent aids at all paces. Progressive transitions –general quality. Non-progressive transitions: walk-canter, halt-trot. 	All progressive transitions should be accurate and smooth. Non-progressive transitions (walk to canter or halt to trot) are introduced.
5	Flat Test Overall ability to produce a confident, accurate ride appropriate to the level.	
6	 General Impression Applicant turnout and horse presentation. Correct mounting, dismounting and handling of the horse. 	

C	JUMPING PHASE	
No.	Requirements	Evidences
1	Position	Gymnastic should be set up progressively i.e. starting with the poles.
	Gymnastics.	Gymnastics should be trot into cross rail, 18' (5.50 m) to vertical then
	• Course.	21' (6.40 m) to 2' – 2'3" oxer.
	• Use of appropriate	Evaluators should see ability of the candidate to maintain the half seat
	release.	and showing instinctive use of various crest releases.
2	Effectiveness (control	
	and presentation)	
	Gymnastics.	
	• Course.	
3	Requirement	Riders should know that their pace on approach will affect the inside
	• Canter the related	distance in the line and be able to tell evaluator if they were long or
	line of fences and be	tight (deep) to the second fence in the line
	able to identify if	



EQUESTRIAN LEARN TO RIDE - ENGLISH **LEVEL 5 RUBRIC**

D	LUNGING PHASE	
No.	Requirements	Evidences
1	Lunging	Horse to wear saddle and bridle, protective boots and/or bandages,
	 Presentation of 	halter over the bridle is acceptable.
	handler and horse	
	tacked with proper	
	fitting saddle, bridle	
	and boots. Identify	
	equipment and their	
	purpose correctly.	
2	Lunging safety	Evaluators should look for safe handling of lunge line and whip, use of
	 Handler`s use of 	body language, control and confidence.
	lunge line and whip	
	including when	
	reversing horse.	
3	Lunging Technique	The purpose is to introduce lunging early. Riders should lunge for 5-10
	• Technique, use of	minutes only! Evaluators note that candidates can share a lunge horse if
	body language and	needed.
	confidence while	
	lunging walk, trot in	
	both directions.	