



## Coaching Camp October 8-10, 2021

Registration deadline September 27<sup>th</sup>, 2021

An array of valuable sessions covering both the theory skills and practical coaching skills needed for those going forward for Instructor and Coach Evaluations. Emergency Action Plan, Writing a Lesson Plan, Yearly Training Plan are all covered to prepare you. Multi-level sessions for Instructor, Competition Coach, and Competition Coach Specialist, both English and Western, are provided in a mix of online and in-person classes. Includes in-person lunging and coaching opportunities. Dependent on registration, in-person sessions will be offered in Brandon and/or Winnipeg areas. Travel grants are available through Sport Manitoba.

*All attendees will be required to comply with Manitoba Covid mandates current on the day of the event(s).*

Instructor, Competition Coach participants are encouraged to bring their own lunging horses to make sure they are appropriate. Competition Coach Specialist participants may bring one of their own students and their horse for their equitation lesson. A small stabling day fee may apply depending on the facility.

Registrants who are certified EC Coaches and/or who have already completed the online Equestrian Theory course are not required to attend the Emergency Action Plan, Lesson Planning or Rubrics elements and may deduct \$75 (\$78.75 after tax) from their chosen package.

### AGENDA

#### Friday October 8, 2021

##### **9:00 a.m. -10:30 a.m. Emergency Action Plan, (EAP)** Zoom Meeting

- This is a working session to help you prepare your EAP for your evaluation.
- ALL coaching levels are required to submit an EAP.
- Complete on your own time, and submit to when you go to be evaluated.

##### **10:30 a.m. – 12:00 p.m. Writing a lesson plan** Zoom Meeting

- This is a working session, to help you to create and improve your NCCP and EC approved lesson plan for submission at your evaluation.
- All levels are required to submit at least one lesson plan prior to evaluation, as a pre-assignment. On registration a lesson topic will be assigned with a template, and you are expected to complete it to the best of your ability. Completed lesson plans to be emailed by 9:00 pm (CST) October 4, 2021, to Tristan Caswell ([tcequestrian@gmail.com](mailto:tcequestrian@gmail.com)) and Chris Dolinski ([chris@westwindstables.ca](mailto:chris@westwindstables.ca))
- These will be assessed and you will re-submit to your assigned camp mentor by Wednesday the October 6th, 2021 8pm (CST).

##### **12:00 – 1:30pm Using the Rubrics** Zoom Meeting

- Demystifying the rubrics
- This class will work through the rubrics used to mark your evaluation.
- It shows you exactly what your evaluators are looking for in each situation.

**Optional session for all participants\*:**

**1:30 – 3:00pm Yearly Training Plan** Zoom Meeting

- A working session, learning how to make a yearly training plan for your students. A multi-discipline session which all Competition Coach Specialist and High-Performance candidates should attend.
- Micro and Macro cycles will be covered. You can then complete on your own time and submit as part of your portfolio when you're ready.

**Saturday October 9, 2021**

**9:00 a.m. English - Lunging the beginner rider - Instructor context**

(In person - location to be assigned)

- Lunging the English horse to EC standard
- Using side reins
- Mounting the beginner rider
- Changing Direction
- Mounted rider Equitation and Exercises

**9:00 a.m. Western - Lunging Instructor and Competition Coach context**

(In person - location to be assigned)

- Lunging the Western horse to EC standard
- Using side reins
- Changing Direction
- How to teach your student to lunge the horse to EC standard

**9:00 a.m. For Competition Coach and Competition Coach Specialist: Teaching a rider to lunge, and improve the horse**

(In person - location to be assigned)

- Lunging the English horse to EC standard
- How to teach your student to lunge the horse to EC standard
- Using side reins
- Changing Direction
- Improving the horse

**1:00 p.m. - 3:00 p.m. For all coaches. Managing your equine business** Zoom Meeting

- Learn your legal obligations as an equestrian coach
- Discuss some tax problems and solutions
- Learn your insurance obligations as an equestrian coach.
- Heard management and health plans
- Templates provided

**Sunday, October 10, 2021**

**9:00 a.m. – 11:00 a.m. Teaching an English lesson and Analyzing Beginner Performance - Instructor context**

(In person - location to be assigned)

- Learn what is expected for the EC coaching evaluation
- Practice in an evaluation setting with an EC evaluator providing feedback
- Observe and collaborate with others participants to improve coaching skills
- Analyze the skills using the rubrics
- Make an individual plan to prepare and improve as needed

**9:00 a.m. Teaching an English lesson and Analyzing Intermediate/Advanced Performance – Competition Coach and Competition Coach Specialist context**

(In person - location to be assigned)

- Learn what is expected for the EC coaching evaluation
- Practice in an evaluation setting with an EC evaluator providing feedback
- Observe and collaborate with other participants to improve coaching skills
- Analyze the skills using the rubrics
- Make an individual plan to prepare and improve as needed

**9:00 a.m. Teaching a Western lesson and analyzing Western Performance - Instructor and Competition Coach context**

(In person - location to be assigned)

- Learn what is expected for the EC coaching evaluation
- Practice in an evaluation setting with an EC evaluator providing feedback
- Observe and collaborate with others participants to improve coaching skills
- Analyze the skills using the rubrics
- Make an individual plan to prepare and improve as needed

**Individual Debrief at the end of the day.**

## NOTES

On registration, please state your discipline:

- English (eg. Jump or Flat)
- Western (eg flat or speed events)

On registration, please choose your stream:

- Instructor
- Competition Coach
- Jump or Flat?
- Competition Coach Specialist
- Any specialty?

\*Instructor, Competition Coach and other non-certified registrants may add the Yearly Training Plan session for \$30.00

Additional mentoring sessions and time may be arranged privately between participants and available mentors. Please contact the office for a list of mentors but please note that a mentors cannot evaluate a person for certification within 3 months of mentoring activity.

## Package prices

**Package A: English Instructor \$390.00 + GST = \$409.50**

- EAP
- Lesson Planning
- Using the Rubrics
- Lunging the English beginner rider
- Teaching the English Beginner Lesson
- Managing your equine business
- Optional: Add Yearly Training Program: \$30 + GST = \$31.50

**Package B: Western Instructor \$390.00 + GST = \$409.50**

- EAP
- Lesson Planning
- Using the Rubrics
- Western lunging
- Teaching the Western Beginner and Intermediate Lesson
- Managing your equine business
- Optional: Add Yearly Training Program: \$30 + GST = \$31.50

**Package C: English Competition Coach \$390.00 + GST = \$409.50**

- EAP
- Lesson Planning
- Using the Rubrics
- Teaching the English beginner rider to lunge
- Teaching the English Intermediate/Advanced Lesson
- Managing your equine business
- Optional: Add Yearly Training Program: \$30 + GST = \$31.50

**Package D: Western Competition Coach \$390.00+ GST = \$409.50**

- EAP
- Lesson Planning
- Using the Rubrics
- Western Lunging
- Teaching the Western Beginner/Intermediate Lesson
- Managing your equine business
- Optional: Add Yearly Training Program: \$30 + GST = \$31.50

**Package E: English Competition Coach Specialist \$420 + GST = \$441**

- EAP
- Lesson Planning
- Using the Rubrics
- Lunging to improve the horse
- Teaching the English Intermediate/Advanced Lesson
- YTP – Yearly Training programs
- Managing your equine business

*2021 Fall Coach Camp Agenda. To register, please use this link: <https://forms.gle/6ykbFaF2h1VhFUaC6>*