

LEARN TO RIDE - ENGLISH

LEVEL 1 RUBRIC

A STABLE MANAGEMENT		
No.	Requirements	Evidences
1	Approach and halter horse, lead horse out of stall, lead back to stall, remove halter and exit. If cross ties are used, safety is an important factor. Rider to be observed for safety leading the horse out to the riding ring, ability to halt the horse, handling of reins.	<ul style="list-style-type: none"> • Rider must enter the stall, approach the horse/pony safely and put the halter on. • Rider is to lead the pony or horse out of the stall properly, turn it correctly, take the horse/pony back into the stall and remove the halter. • A lead line with or without chain should be attached correctly and the rider must not lead the horse without a lead attached. • Rider leads tacked horse to riding ring while maintaining safe distance and control. • Where possible horse is turned away from rider leading horse.
2	Tack up the horse (with assistance).	<ul style="list-style-type: none"> • Rider should attempt to tack up. Assessor may assist but must be directed by the rider.
3	Describe the color of the rider's own horse.	<ul style="list-style-type: none"> • Referring to horse colours in Rider Manual 1-2, describe own mount.
4	How and what to feed as a treat.	<ul style="list-style-type: none"> • Rider must demonstrate how to feed a treat and what types of foods are best to offer as treats. Rider may feed the treat by hand or use the feed tub (Rules may differ as per stable policy).
5	Carry tack to tack room area, put up bridle in figure 8 (with assistance). Discuss cleaning the bit.	<ul style="list-style-type: none"> • Rider must put the bridle up in a figure of eight arrangement. • Rider need not polish the bit but be aware that the bit should be rinsed to rid it of any dirt that may harden and become uncomfortable for the horse the next time it is used.
6	General Impression: Presentation of rider, overall confidence and awareness of safety.	<ul style="list-style-type: none"> • Rider is wearing appropriate attire for work on the ground. Attire is neat and clean. Hair tied back. No spurs. • Rider is comfortable performing skills on the ground and demonstrates safety working around horse.
B RIDING PHASE		
No.	Requirements	Evidences
1	Mount and Dismount (with assistance where required) <ul style="list-style-type: none"> • Mount in the correct, safe manner. (from ground or block) • Dismount, run up stirrups, reins overhead, loosen girth, lead in hand. 	<ul style="list-style-type: none"> • <u>Prior to mounting</u> rider checks girth and stirrups; adjusts if required. • Reins over head, held in left hand (with whip if used) controlling horse while mounting. • <u>Mount</u> as per instructions in Manual. • When mounted, adjust reins to have contact with horse's mouth, recheck girth tension and stirrup lengths. • <u>Dismount</u> as per instructions in Manual. • Rider avoids pulling on reins during dismount. • Rider runs up stirrups, loosens girth, takes reins over horse's head, and leads horse. • Coach can assist the rider dismount by holding the horse and spotting

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2	<p>Tack Adjustments (with assistance where required)</p> <ul style="list-style-type: none"> • Pre-Mounting - Adjust stirrups from ground, tighten girth, and put reins overhead. • Mounted – Check/adjust girth and stirrups; ensure reins are held correctly. 	<ul style="list-style-type: none"> • Assistance allowed with adjustments at this level. Rider will instruct demonstrate and explain how to measure and adjust stirrup lengths, how to properly tighten girth and how to position reins safely over horse's head. • Once mounted, rider checks girth tension and stirrup lengths. Rider should recognize when adjustments are required although may need assistance at this level. • While adjustments are made, rider holds the reins effectively to control horse's movements.
3	<p>Position:</p> <ul style="list-style-type: none"> • At walk and rising trot. 	<ul style="list-style-type: none"> • Rider should not use the horse's mouth to balance. Rider's hands should be independent at walk. • A neck strap or a standing martingale (neck strap) may be used periodically at the trot. • Contact is applied to stop, turn and slow down, reins are then returned to an inactive state.
4	<p>Drop and regain stirrups at walk.</p>	<ul style="list-style-type: none"> • Upper body should remain still, practicing independent use of legs.
5	<p>Transitions, Diagonals:</p> <ul style="list-style-type: none"> • Change rising diagonal when asked. • Transitions. 	<ul style="list-style-type: none"> • Rider should be able to change diagonals when asked but may not necessarily know if they are rising on the correct diagonal. • Progressive transitions: halt /walk, walk /halt, walk/trot: trot/walk, rider is able to make transitions without losing balance.
6	<p>Figures:</p> <ul style="list-style-type: none"> • Turn down centerline at walk. • Cross width of arena in walk. • Long diagonal in rising trot. • Identify direction of travel 	<ul style="list-style-type: none"> • Look for awareness and use of arena figures. Rider is becoming aware of using arena letters as markers to perform figures. • Rider demonstrates control in turning down the centreline of the arena or in crossing the width of the arena. • Rider is able to control spacing and position during the figures. • Rider recognizes where to turn onto the long diagonal and can maintain the rising trot.(may not be on correct diagonal) • Rider understands the direction of travel according to the turning rein being used. (i.e. left rein, right rein).
7	<p>General Impression:</p> <ul style="list-style-type: none"> • Overall authority, safety and confidence, rider conduct, ability to maintain safe riding distance in lead file of group lesson. • Rider turnout and horse presentation. 	<ul style="list-style-type: none"> • Safety, knowledge of aids and a willingness to learn about the horse/pony should be emphasized at this level. • Rider appears to be comfortable performing skills and attempts the proper use of aids. • Rider maintains safe separation between horses during arena work and in interactions with other horses and riders if there are multiple riders during the exercise. • Rider wears appropriate attire (i.e. hard soled boots with heel, ASTM/SEI or BSI/BS EN helmet with safety harness correctly fastened, hair tied back, preferably long fitted stretchy pants with belt and tidy tucked in shirt). Gloves recommended. No spurs at this level. • Horse and equipment are clean and neat. Braiding and clipping not required.