

LEARN TO RIDE - ENGLISH

LEVEL 8 RUBRIC

A PRACTICAL HORSE KNOWLEDGE		
No.	Requirements	Evidences
1	Apply shipping, stable, polo, and first aid bandage.	
2	Discuss three methods of restraint and be able to demonstrate if asked.	
3	Teeth: discuss and show evaluator, using a horse, the signs of aging in teeth.	Knowledge of the number of teeth and the aging pattern of the incisors is needed at this level.
4	Name and locate five sites of unsoundness.	
5	General Impression: Presentation of candidate, overall confidence, and awareness of safety.	

B RIDING PHASE		
No.	Requirements	Evidences
1	Position <ul style="list-style-type: none"> Position at all paces in full seat with/without stirrups in warm up. 	
2	Warm up <ul style="list-style-type: none"> Use of warm up and critique of same. Demonstrate and discuss the half halt (in trot) as a preparatory aid. 	Use of warm-up time. Evaluator may question if the Rider's program is unclear, or to determine if Rider knows their plan. The half halt is a preparation to balance the horse before a change of direction, speed or pace. The Rider must relax and release the contact when the horse is sufficiently rebalanced.
3	Figures and Movements <ul style="list-style-type: none"> Circles 10m in trot and canter. 3-loop serpentine wall-to-wall using simple changes. Lengthen and shorten stride in canter. Leg yield at walk. 	Simple change may have 3-5 steps of walk. The candidate needs to show a definite difference in the length of the canter stride from the working canter stride, ideally with no increase in the speed. The shortened stride in canter needs to demonstrate a degree of collected canter steps. The leg yield at this level should demonstrate that the Rider understands the concept and co-ordination of aids. The horse should move sideways while still maintaining the forward intent, rhythm, contact, and suppleness. A horse that falls over the outside shoulder or who does not maintain a parallel position in relation to the "line" that they're moving on will be penalized. The horse should be



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	and trot.	straight with the exception of a slight flexion away from the direction in which they're moving.
4	<p>Effectiveness</p> <ul style="list-style-type: none"> • Ability to demonstrate consistent bend and/or flexion as required. • Ability to demonstrate some engagement and consistent round outline. 	
5	<p>Flat Test</p> <ul style="list-style-type: none"> • Comprehension and critique of own performance. • Overall ability to produce a confident, well executed, and accurate ride. 	
6	<p>General Impression</p> <ul style="list-style-type: none"> • Applicant turnout and horse presentation. • Correct mounting, dismounting, and handling of the horse. 	

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C JUMPING PHASE		
No.	Requirements	Evidences
1	Candidate builds and set sstride of gymnastic line and course.	Setting up of course. Rider must have knowledge of distances and factors affecting distance. The Rider must be able to set up a safe course. The course should be of a medal type and include: a) A combination b) A line of no less than four strides c) Two changes of rein d) A roll back turn (fence 3 to 4) e) A downward transition Note: Depending on the discipline interest of the candidate, courses may be chosen to better reflect a hunter/jumper medal or an event stadium type course.
2	Position <ul style="list-style-type: none"> • Gymnastics. • Course. 	
3	Effectiveness <ul style="list-style-type: none"> • Course: feel for distance. • Course: use of correct track on the course and the ability to ride balanced through turns. 	
4	Requirement <ul style="list-style-type: none"> • Course: adding stride in the line. • Critique jumping form of another horse in the gymnastic phase. • Course: critique of own performance. 	Rider must be able to critique the form of another Rider's horse through the gymnastics. The Rider should be able to discuss the horse's style and technique.
5	General Impression <ul style="list-style-type: none"> • Overall confidence, safety, control, and Rider conduct – entire ride. 	

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D LUNGING PHASE		
No.	Requirements	Evidences
1	<p>Presentation of handler and horse tacked with proper fitting tack and equipment. Understanding fit and use of side reins.</p>	<p>A suitably trained horse should be used. Horse to be presented with boots and bandages on all four legs, overreach boots, bridle, saddle and side reins. A lunging cavesson, halter over bridle, or Barnhum method is acceptable.</p>
2	<p>Safety and technique: control of circle size, use of body language, voice, and confidence.</p>	<p>Ability to keep horse active and moving forward, lunging on a circle that does not get too small or handler wanders. Effective use of voice commands and tone of voice. Safe technique.</p>
3	<p>Understanding of free forward movement and ability to recognize horse behind the bit or over bent. Understanding need to change direction but not necessarily demonstrate.</p>	