

PARTICIPANT CHECKLIST

All participants are encouraged to read Manitoba Horse Council's Return to Competition document for additional health and safety precautions

Before You Leave Home

- Sign and submit all Waivers and Attestations as required by the Competition Organizer or venue management
- Complete (and submit, if requested) all checklists provided by the Competition Organizer or venue management
- Consider bringing your own food, snacks, and drinks
- Bring Personal Protective Equipment (PPE)
- Thoroughly wash (in warm water) and sanitize all your personal items and equipment (including electronics, cell phones, water bottles, clothing, bags, lunch containers, tack and stable supplies etc.)
- Consider Activating a contact tracing App on cell phone, if available in your area
- Review and understand the COVID-19 mitigation plan circulated by the venue/organizing committee
- Review and understand your federal/provincial/territorial/regional or local government and health authorities' recommendations

Upon Arrival and During Competition

- Sign all daily attestations, as required
- Follow all traffic flow signs for the venue
- Respect physical distancing guidelines at all times
- Comply with PPE requirements
- Register your attendance for contact tracing and provide confirmation of daily health monitoring
- Sanitize hands frequently at provided handwashing stations
- DO NOT share equipment, food, snacks or drinks
- If accessing water or materials onsite, sanitize hands and wear PPE before touching and then sanitize following contact (this includes water taps, stable doors, gates, handles etc.)
- Adhere to posted COVID-19 mitigation requirements of the venue and abide by the information circulated by the venue/organizing committee

After Your Competition is Complete

- No socializing, leave the venue as soon as possible
- Exit by following the traffic flow signs
- Ensure all garbage is discarded in provided receptacles or remove garbage with you
- Thoroughly clean your equipment and clothing (tack, buckets, brushes etc.)
- If you become ill with COVID-19 symptoms (or test positive for COVID-19) within 14 days of the competition notify your local health authority and the Competition Organizer immediately