

# COVID-19 NOVEL CORONAVIRUS

Public Health Factsheet

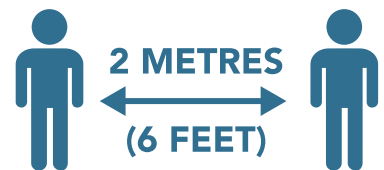
Manitoba 

## Keep yourself, and your community, safe from COVID-19:

### Have symptoms? Get tested today.

**While some restrictions are likely to be lifted over time,  
COVID-19 remains in Manitoba**

- Keep at least six feet away from people outside of your household.
- Wash hands regularly and for 20 seconds each time and dry thoroughly.
- Regularly disinfect surfaces at home or at work.
- ALWAYS remain home and away from others if you are feeling unwell.



**If you have symptoms associated with COVID-19  
you should be tested.**

**Symptoms can include new onset of:**

**Any one of:**

- fever
- cough
- sore throat/hoarse voice
- shortness of breath
- loss of smell or taste
- vomiting or diarrhea for more than 24 hours
- poor feeding (in an infant)

**OR**

**Two or more of  
the following:**

- runny nose
- muscle aches
- pink-eye
- fatigue
- headache
- skin rash of unknown cause
- nausea or loss of appetite

Find your closest testing location by visiting [manitoba.ca/covid19/locations.html](https://www.manitoba.ca/covid19/locations.html)

Questions? Call Health Links – Info Santé at 204-788-8200 | 1-888-315-9257

[www.Manitoba.ca/covid19](https://www.Manitoba.ca/covid19)